

# SWIMMING PROGRAM

## ST REGIS ATHLETIC CLUB

CATEGORY	DAY	SCHEDULE	MEMBERS PRICE	NON-MEMBERS PRICE
LEARN TO SWIM 1	Tuesday/ Saturday	3:30 PM	AED 825	AED 990
LEARN TO SWIM 2		4:30 PM		
LEARN TO SWIM 3		5:30 PM		
LEARN TO SWIM 4		6:00 PM - 6:30 PM		
STROKE CORRECTION		6:30 PM - 7:15 PM		
SQUAD SELECTION		7:15 PM - 8:00 PM		
ADULT SWIMMING CLASSES <i>Beginners</i>		8:00 PM - 8:45 PM		
ADULT SWIMMING CLASSES <i>Intermediate</i>		8:45 PM - 9:30 PM		
ADULT SWIMMING CLASSES	Thursday	8:30 AM - 9:30 AM	AED 980	AED 1190
ADULT AQUA FITNESS	Thursday	9:30 AM - 10:30 AM		
AQUA BABY 1	Thursday & Friday (6 - 15 months)	10:30 AM - 11:00 AM	AED 210   30 Minutes AED 370   60 Minutes	AED 315   30 Minutes AED 475   60 Minutes
AQUA BABY 2	Thursday & Friday (6 - 30 months)	10:30 AM - 11:00 AM		
PRIVATE LESSONS			AED 210   30 Minutes AED 370   60 Minutes	
SEMI PRIVATE LESSONS <i>(2 people)</i>			AED 315   30 Minutes AED 475   60 Minutes	
GROUP LESSONS			AED 980	AED 1190

### Terms & Conditions

All prices are inclusive of taxes.  
One Lesson Per Week Tuesday, Thursday, Friday or Saturday.  
Fees once paid are not refundable and non-transferable.  
All attendance must be claimed before the 23rd March 2018.

### Term Dates:

6th January - 23rd March 2018

DURATION: 11 Weeks

FREE ASSESSMENT DATES: 30th December,  
4th & 5th January 4:00 PM - 7:00 PM



ADVANTAGE SPORTS UAE  
www.advantagesportsuae.com

Contact us on +971 2 498 8777  
athleticclub.saadiyat@stregis.com  
athleticclub.stregissaadiyatiland.com

Follow us on:   | Love us on 

@stregissaadiyatiland